Step-By-Step Facebook Instructions

1. Go to www.Facebook.com and fill out the short sign-up form
2. Prove that you are a human by deciphering and typing the two hard to read words.

Enter the two words Facebook shows you with a space between them like I have here. This can be tricky, so take your time and if you have problems click here to get two new words.
3. Find Friends: Step 1 of 4 to setting up your Facebook account

Facebook is all about you connecting with your friends, therefore, the sign up process will encourage you to find friends through your email address. This is optional. If you want, you can click the blue "Find Friends" button or click to "Skip this step".
4. Add Interests: Step 2 of 4 to setting up your Facebook account

Scroll through this list of popular interests and click to select each one you like, then click the blue "Save & Continue" button below - or click "Skip" to move to the next step.
5. Profile Information: Step 3 of 4 to setting up your Facebook account

Enter your High School, College and/or Employer to find friends that you went to school or that you work with.
6. Profile Picture: Step 4 of 4 to setting up your Facebook account

- Upload your photo if you have one on your computer.
- If you have a webcam attached to your computer, you can snap a picture using this option.
7. Next you will see this page. Notice the instruction at the top of the page asking you to go check your email to confirm your new Facebook account - do that first. Next, after confirming your email, continue entering as much information as you feel comfortable with - all of which is optional, of course.
8. You will receive two emails from Facebook at this point, the first is a welcome email.

- This is your first email from Facebook welcoming you to your new account.

   Hi Eric,

   Your account has been created — now it will be easier than ever to share and connect with your friends.

   Here are three ways for you to get the most out of it:

   - **Find Friends**: Find people you know on Facebook using our simple tools.
   - **Upload a Profile Photo**: Personalize your profile and help your friends recognize you.
   - **Edit Your Profile**: Describe your interests, contact information, and affiliations.

   If you have any questions, reference our New User Guide.

   Thanks,
   The Facebook Team
9. Here is the second email from Facebook requesting you to confirm your email address.

Click here to confirm your email address.
10. After clicking the link to confirm your email address, the page below will load. When you see this page, your Facebook account is considered set up and verified. Congratulations! Be sure to write down your username (which is your email you signed up with) and your password and bring them with you to the training.